

THE UNIVERSITY OF CHICAGO

12TH ANNUAL

**CURRENT CONCEPTS IN
PRIMARY CARE SPORTS MEDICINE**
MEDICAL. ORTHOPEDIC. LEGAL.

March 5-7, 2015



MILLENNIUM KNICKERBOCKER HOTEL
163 East Walton Place, Chicago, Illinois

CONFERENCE DIRECTOR

Holly J. Benjamin, MD, FAAP, FACS
*Associate Professor of Pediatrics and Orthopedic Surgery
Director, Primary Care Sports Medicine*

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Clinical Assistant Professor, University of Chicago
Pritzker School of Medicine

FRIDAY, MARCH 6, 2015

8:00 am	Nsaids vs. Misuse , <i>Robert Johnson, MD</i>
8:30	Separating Serious Overuse Injuries from Overuse Injuries <i>Neeru Jayanthi, MD</i>
9:00	Concussion: Current Guidelines for Evaluation & Treatment <i>Carrie A. Jaworski, MD, FACSM</i>
9:30	Ask the Expert: Top 10 Pearls I Have Learned in 25 Years of Sports Medicine , <i>Robert Johnson, MD</i>
10:00	REFRESHMENT BREAK
10:15	Point/Counter Point: Clearance Issues with Return to Play: A Case Based Discussion , <i>Robert Johnson, MD; Carrie A. Jaworski, MD, FACSM and Neeru Jayanthi, MD</i>
10:45	Q & A <i>Robert Johnson, MD; Carrie A. Jaworski, MD, FACSM and Neeru Jayanthi, MD</i>
11:15	Break-Out Sessions: Choose ONE 1. Concussion Clearance: Demystifying Neuropsychological Testing & Test Interpretation <i>Carrie A. Jaworski, MD, FACSM and Elizabeth Pieroth, PsyD</i> 2. Gymnastics Medicine: Rehabilitation, Prevention & Releasing the Athletes <i>Gina M. Pongetti-Angeletti, MPT, MA, CSCS, ART-Cert.</i> 3. Medical-Ethical-Legal Roundtable: Clearance Controversies, HIPPA, Good Samaritan & More <i>Eric F. Quandt, JD and Rebecca L. Carl, MD</i>
12:15 pm	LUNCH
1:15	ACL Injuries & Beyond , <i>TBD</i>
1:45	ACL Prevention , <i>Cynthia R. LaBella, MD, FAAP</i>
2:15	Common Foot Injuries in Athletes , <i>Holly J. Benjamin, MD, FAAP, FACSM</i>
2:45	REFRESHMENT BREAK
3:00	Ankle Sprains & their Mimics , <i>Cynthia R. LaBella, MD, FAAP</i>
3:30	Hot Topics: Pros & Cons on Bracing for Athletes <i>Cynthia R. LaBella, MD, FAAP; TBD and Holly J. Benjamin, MD, FAAP, FACSM</i>
3:45 pm	Q & A <i>Cynthia R. LaBella, MD, FAAP; TBD and Holly J. Benjamin, MD, FAAP, FACSM</i>
4:15	OPTIONAL WORKSHOP: CHOOSE ONE (FEE) 1. Foot & Ankle Examination <i>Cynthia R. LaBella, MD, FAAP</i> 2. Knee Examination <i>TBD</i> 3. Introduction to Casting & Splinting: Hands-on Workshop <i>Holly J. Benjamin, MD, FAAP, FACSM; Mary Wisniewski, MS, ATC/L and Brian Tho Hang, MD</i>
5:45 pm	ADJOURN